



King's Cross Methodist Church

12<sup>th</sup> July 2026

Growth 成長

Inclusiveness 包容

Evangelism 宣教

Justice 公義

## “The Word in the World” Devotional Sharing

### Finding My Way Into Prayer

Sister Chiu

Dear friends,

Someone once told me that prayer is as natural as breathing — and most days I believe that. But if I'm honest, prayer for me has never looked like one tidy, unchanging habit. Between sermon preparation, circuit meetings, and being mum to a wonderful, ten-year-old neurodivergent son, my prayer life has had to be as flexible and varied as my days themselves. I want to share a few of the ways I've learned to pray, and some of the times prayer has felt hardest — because I suspect many of you, whether newly arrived from Hong Kong, settled here for decades, or born and raised in Britain, will recognise both.

**Arrow prayers.** Some mornings, getting my son out of the door is its own small battle — a change in routine, a scratchy label in his shirt, a meltdown over the "wrong" bowl. There's no time for a quiet hour with my Bible then. So I've learned to pray in flashes: "Lord, help," "give me patience," "thank you for this moment of calm." Short, honest, sent up mid-chaos. I used to feel these didn't "count" as real prayer. I now believe God delights in them just as much as any formal liturgy.

**Silence and breath.** On better days, I sit for a few minutes before anyone wakes, simply breathing slowly and resting in God's presence without asking for anything. No words needed — just being there, the way a child sits contentedly on a parent's lap.

**Walking prayer.** I often pray while walking to church or pushing through a busy Marylebone pavement, naming the people and needs I pass in my heart. It suits a mind, like mine, that struggles to stay still indoors.

**Corporate and written prayer.** I also treasure praying the set prayers of the Church, and writing my prayers down — especially in seasons when my own words run dry.

And dry seasons do come. There have been long stretches — after difficult conversation with school teachers for my son, or in the exhaustion of ministry — when prayer has felt like speaking into silence. I used to think this meant I was failing at faith. I've since learned, through the wisdom of Christians across the centuries, that this dryness is common, even necessary — a "wilderness" that most who pray will pass through, not a sign of God's absence.

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That's part of why the song 曠野中唯一的力量 (*My Strength in the Wilderness*), by Stream of Praise, speaks so deeply to me. It doesn't pretend the wilderness away. It names the darkness and the waiting honestly, while trusting that our Heavenly Father keeps working even when we cannot feel it, pursuing us until we find freedom, meeting our cry with rescue, and turning what felt like curse into blessing. When I have no words of my own, I sometimes simply sing this one — for my son, for our church family, for myself.

Wherever you are in your own wilderness or dance with God this week, know that you're not praying alone.



King's Cross Methodist Church

International Service

12<sup>th</sup> July 2026

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## Church Family News Sharing

1. **Keystone Fellowship will be holding a "Summer Carnival" to raise funds for the Church Redevelopment Project on Saturday, 18<sup>th</sup> July, from 12 noon to 4pm, at the school hall of Finchley Catholic High School (N12 8TA). For further details, please refer to the "Meetings and Events" section on the last few pages. Everyone is warmly welcome to participate and give their full support to the Church Redevelopment Project. If you plan to attend the event and are willing to serve as a volunteer, please contact Acting Lay Worker indicating your available time slots so that we can arrange service roles in advance. For enquiries, please contact Acting Lay Worker.**
2. **The Circuit will hold a Leaving Service for Deacon Tessa Bennett in the Main Hall at 11am on 19<sup>th</sup> July. We warmly invite everyone to reserve the time and attend, as we give thanks together for her faithful and selfless service among us over the past five years.**
3. **Staff News: Deacon Tessa Bennett will be on annual leave from 20<sup>th</sup> to 25<sup>th</sup> July. Rev. Linberg Wong will be on annual leave from 27<sup>th</sup> –28<sup>th</sup> July and will be attending the MOCC Retreat at Cliff College from 29<sup>th</sup> – 30<sup>th</sup> July.**
4. **The National Network of Pastoral Musicians will be holding a Summer Conference from 24<sup>th</sup> – 26<sup>th</sup> July in Northampton (NN6 8NN). This year's theme is "One Heart, One Voice." The conference explores the central question: "Can Christians from different backgrounds and traditions truly become one people of God through worship?" Focusing on the theme of church unity, the conference will examine how worship can be a practical expression of unity within the Church. The three-day conference will feature a variety of workshops, united worship sessions, and seminars covering topics such as corporate worship, church unity, and music ministry. Through teaching, discussion, and practical engagement, participants will be encouraged to reflect on the role of worship in building and strengthening the unity of the Church. For further details, please refer to: [https://nnp.org/NNPM\\_%28current%29/2026\\_Conference.html](https://nnp.org/NNPM_%28current%29/2026_Conference.html)**

5. **Euromission Ministry will be holding a Worship Revival Gathering on Saturday 19<sup>th</sup> September, in Ilford, London, from 10:30 a.m. to 5:00 p.m. Admission is £10. Everyone is warmly invited to attend and broaden their vision for mission work across Europe. The ministry is also recruiting worship team members to serve at the event and welcomes believers of all nationalities and ethnic backgrounds to participate. For more information, please refer to the “Meetings and Events” section on the last few pages or contact Church Administrator. For registration, please click: [David Hathaway | Release Now Conference | 19 September 2026 | Ilford — Eurovision](#)**
6. **2026 Methodist Church 3Generate Camp and Volunteer Recruitment Invitation: 3Generate is the Methodist Church in Great Britain’s annual flagship gathering for children and young people. It is not only a camp where children grow in worship and creativity, but also a valuable opportunity for adult believers to invest in and nurture the next generation through service. Date: 2<sup>nd</sup> – 4<sup>th</sup> October 2026 (Friday to Sunday); Venue: NEC Birmingham; Participants: Children and young people aged 4–18. Highlights: Through indoor camping, arts, sports, and a wide range of mission workshops, children are encouraged to explore their journey of faith. We warmly invite everyone to take part in this significant event, either as participants or as members of the volunteer team. For registration and enquiries, please refer to the “Meetings and Events” section on the last few pages. Event details and registration link: <https://www.methodist.org.uk/for-churches/ministries/children-youth-family-ministry/3generate/> (Please note: group registration must submit verification documents by 12<sup>th</sup> September.) Volunteer recruitment – Join the Delivery Team: <https://www.methodist.org.uk/for-churches/ministries/children-youth-family-ministry/3generate/join-the-delivery-team/>**
7. **LiFEGame will be held from 21<sup>st</sup> to 23<sup>rd</sup> December in Northampton. Those who register on or before 31<sup>st</sup> October can enjoy the Super Early Bird rate of £160 per person. If you have not attended before, you are strongly encouraged to join this life-changing journey. For enquiries or registration, please refer to the “Meetings and Events” section on the last few pages or visit: <http://lifegame.co.uk/join-lifegame/>**

主辦單位 ORGANISED BY: **Keystone** + **FELLOWSHIP @ KXMC**

ROOTED IN KING'S CROSS  
REBUILD 重建 RENEW 更新 TRANSFORM 轉化

# SUMMER Fair

**FREE ENTRY**  
免費入場

Fundraising event for **King's Cross Methodist Church**  
為倫敦君王十字堂重建計劃籌款

**SATURDAY**  
星期六  
**18th**  
**JULY**  
**2026**

**Saturday 18th July 2026**

**Finchley Catholic High School**  
School Hall, N12 8TA

**12pm - 4pm**

**FOOD STALLS**  
美食攤位

**HANDMADE CRAFTS**  
手工藝品

**GAMES**  
遊戲攤位

**AND MORE!**  
還有更多精彩內容!

**FREE PARKING (FIRST COME, FIRST SERVE)**  
免費泊車 (先到先得)

[KingsCrossMethodistChurch](#) [kxmc\\_church](#) [kxmc.org.uk](#)

**WLM**  
Transforming lives since 1887

**KING'S CROSS** METHODIST CHURCH  
循道會 君王十字堂

West London Mission Circuit  
**Leaving Service**  
*for the*  
**Deacon Tessa Bennett**

**Date: Sunday 19th July**

**Time: 11am**

**Venue: Main Hall, King's Cross Methodist Church**

Thank you

# RELEASE NOW!

RELEASE THE FULL POWER OF THE HOLY SPIRIT

A Powerful Day of Impartation, Worship and Revival

Come expecting a fresh touch from Heaven,  
to be filled with the Holy Spirit,  
and renewed in His Presence.

*David Hathaway*



STEVE AND VELVETA THOMPSON  
LEADING WORSHIP

10.30AM

TICKETS £10

LONDON

19 . SEPTEMBER . 26

EUROVISION.ORG.UK/RELEASE

A spectacular celebration of  
the ever-unfolding journey of faith

# JOIN US ON THE WAY



FIND OUT MORE AND BOOK TICKETS!

Friday 2 – Sunday 4 October

NEC Birmingham 3Generate.org.uk



# VOLUNTEER AT



roles to suit  
EVERYONE



## What will you bring?

Find out more and  
sign up to volunteer at

[3Generate.org.uk](https://3Generate.org.uk)



## DISCOVER GOD'S PURPOSE FOR YOUR LIFE

LIFEGAME IS A CREATIVE SIMULATION GAME OF  
LIFE THAT PROVIDES AN ENVIRONMENT FOR  
ANYONE TO DISCOVER GOD'S PURPOSE FOR THEIR  
LIVES IN THIS WORLD

**DEC 21ST - 23RD 2026**

KING'S PARK CONFERENCE CENTRE, KING'S PARK ROAD,  
NORTHAMPTON, NN3 6LL

Register **ONLINE** at [lifegame.co.uk](https://lifegame.co.uk) or speak to your  
church/fellowship leader for more details

In a world where truth is often veiled and individuals are increasingly driven by money, success, relationships and power, the Christian message in LIFEgame is both counter-cultural and prophetic.

LIFEgame is currently being run in **16 different countries** with over **250 participating churches** and over **50,000 participants**. Both engaging and relevant to people of all ages and faiths, LIFEgame challenges anyone to live a purposeful and authentic life. This isn't just a time to travel to a different location or spend time with friends.

It is refreshing and life-changing.



### REGISTER EARLY FOR SUBSIDISED FEES

£160 - Super Early Bird Price (Promotion ends 31st Oct 2026)

£180 - Early Bird Price (Promotion ends 30th Nov 2026)

£200 - Standard Price (Application Deadline 11th Dec 2026)

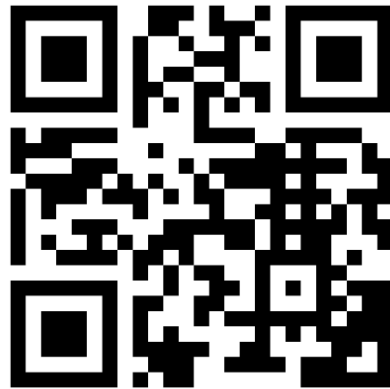
Register **ONLINE** at [lifegame.co.uk](https://lifegame.co.uk) or speak to your  
church/fellowship leader for more details

# Redevelopment Updates for King's Cross Methodist Church

**English Newsletter  
Subscription**



**Redevelopment Updates  
Website**



**Facebook**



**Instagram**

