



King's Cross Methodist Church

25th October 2026

Growth 成長

Inclusiveness 包容

Evangelism 宣教

Justice 公義

"The Word in the World" Devotional Sharing

Eagle Soars High (Isaiah 40:31)

Sister Chan

"But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint." (NIV)

The core meaning of this verse:

- **Waiting for the Lord:** Hebrew: Qavah, which can be translated as "to look to," "to entrust," or "to rely on." This waiting is not passive or idle, but an active and hopeful anticipation. It's not about forcing a breakthrough through one's own strength, but about remaining quiet and patient, relying wholeheartedly on God.
- **Soaring on wings like eagles:** This symbolizes transcending current difficulties and receiving extraordinary strength and a broader perspective from God.
- **Running and walking:** This represents both the major and urgent challenges in life (running without growing weary) and the long, ordinary daily life (walking without becoming faint) — in all these experiences, one receives God's support and assistance.
- **God's Power and human weariness:** The preceding passage (Isaiah 40:29–30) points out that even the strong or young may feel tired and weary; however, God gives strength to the weak. God's power is inexhaustible, and He will never let weariness impair His judgment.
- **The Image of the Eagle:** Just as the eagle can soar with the help of strong winds and updrafts, without constantly flapping its wings, believers should also rely on the support and strength given by God, rather than solely on their own efforts.

Two Other Scripture Passages Regarding "The Strength of the Eagle"

- **Exodus 19:4:** God reminded the Israelites that it was He who led them out of Egypt and back to Him, describing the process as "like an eagle carrying you on its wings." Here, the eagle symbolizes divine protection and salvation.
- **Psalms 103:5:** God "satisfies your desires with good things, so that you are young again like an eagle." This verse connects the longevity and vitality represented by the eagle with God's mercy and healing.

The Meaning and Symbolism of the Eagle

- **Rise above adversity:** Just as an eagle can soar with ease on air currents, therefore, believers should rely on God's power, not their own, to overcome the burdens of life.
- **Resilience and perseverance:** The eagle symbolizes endurance and is able to soar high in the sky without showing signs of fatigue. In the Bible, this reflects God's promise that He will lift up and sustain those who are weary in the midst of trouble.

We can deconstruct the core meaning of Qavah from the Hebrew text: "waiting, hoping, expecting." However, it is not a passive "waiting in vain," but rather an active, intertwined, and interwoven relationship and attitude.

1. The imagery of the root: a taut rope. According to the authoritative biblical dictionary Brown-Driver-Briggs (BDB), Qavah is a "primitive root."

- Literal meaning: "to bind together by twisting" or "stretch, tension."

- Spiritual imagery: In the Bible, waiting is like "tightly twisting and intertwining" a fragile, single strand of fibre with the strong thread of God. The longer the waiting, the more tightly we intertwine with God's life; the fibre that would have broken becomes a resilient rope capable of withstanding immense tension.

2. The first instance in the Bible: Gathering together. The first appearance of Qavah is not in a passage about human waiting, but in Genesis 1:9: "God said, 'Let the waters under the heavens be gathered together to one place (Qavah, passive Niphal), and let dry ground appear.'" Here, it is translated as "gathered together." This illustrates that Qavah has a dynamic meaning of "converging and concentrating scattered forces or focus on a single core." In waiting, our scattered thoughts are refocused on God.

3. The Original Meaning of the Letter (Deconstruction of Hebrew Hieroglyphs). Returning to the oldest Hebrew hieroglyphs (Paleo-Hebrew), Qavah (קָוָה) consists of three letters, each carrying a strong pictographic meaning:

- Quph (ק): The image is of a "sunset/horizon," symbolizing the cycle, condensation, or permanence of time.

- Vav (ו): The image is of a "tent peg/hook," symbolizing connection, hooking, and securing.

- Hey (ה): The picture is "a person raising their hand in praise or amazement", symbolizing looking, revelation, looking up and breathing.

Putting these three images together, Qavah in hieroglyphic terms means: "To hook oneself firmly (Vav) to the God (Hey) whom we look up to and worship, like a nail, throughout the long period of time (Quph).

When I "wait (Qavah)" for God, I am actually:

1. Bearing tension: Like a taut string or rope, though under tension, it will not break, but instead produces a beautiful sound.

2. Exchanging strength: Weaving together with God's strength, just as Isaiah says, "renewing strength" (literally meaning "exchanging strength," exchanging our limited strength for God's infinite strength).

3. Focusing intently: Gathering all my wandering thoughts, like the waters of Genesis, before God's throne once more.

When I felt small and powerless, forgotten, overwhelmed by successive challenges, and exhausted, I thought of the image of the eagle in the Bible. It gave me profound enlightenment and courage, guiding me to fully trust in God's promises to His people and His eternal and unchanging greatness. I learned to accept the changes in life; I understood that I could not change the status quo by my own strength, so I remained grounded, adapting to change and focusing on relying on God to move forward. In this process, a belief took root in my heart: with God's help, one day I too could soar freely like an eagle.



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International Service

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Church Family News Sharing

- 1. Staff News:** Deacon Melissa Wheeler will be on leave from 27th October to 1st November and will attend Queen's Theological College from 3rd to 6th November for further studies. Additionally, Rev. Linberg Wong and Deacon Melissa Wheeler will be attending the retreat from 9th to 11th November.
- 2. Winter Night Shelter** will resume at our church from 5th November to 26th March (every Thursday night to Friday morning). We are now recruiting volunteers to serve in a variety of roles and time slots. Please refer to the "Meetings and Activities" section for further details. For enquiries and registration, please contact: Deacon Melissa Wheeler or the Church Administrator. The night shelter is run in partnership with C4WS, a local homelessness charity. We cannot provide this important ministry without a team of willing volunteers. Every Thursday night until 16th March, we will welcome around 16 guests, offering a warm and welcoming place to stay. Guests can enjoy a hot meal, an evening of companionship, a shower, a warm bed for the night, and breakfast in the morning.
- 3. UPDATE -** The church will hold a Baptism, Confirmation and Transfer of Membership United Service on 20th December. If you are interested in applying or would like further information, please contact the Church Administrator or Lay Worker by 8th November. Please note that the Baptism and Membership Classes will be held online on the following Monday evenings: 23rd November, 30th November, 7th December & 14th December. Time: 8 pm – 9:30 pm.
- 4. 【Moldova Short-Term Mission】** We are planning to join OM (Operation Mobilisation) for a short-term mission in Moldova. Date: 15th –21st April 2027. Location: Moldova. Ministries: Elderly Home visits, care-home cleaning & gardening, children's and youth ministry, home visits, Bible stories telling, testimonies, games and drama. FEE for Ages 0-3: Free; Ages 3-6: £100 per person; Ages 7-12: £150 per person; Ages 13 or Above (including adults): £300 per person (Excluding flights & visa). Deadline: 20th December 2026. Brothers, sisters and families are welcome! Participants require pastoral recommendation, a valid visa and DBS check. Unable to join? You are also welcome to support the team through a donation. Enquiries: Church Administrator.

5. **【Property Ministry Volunteer Recruitment】** The Property Ministry is seeking volunteers to support the maintenance and upkeep of the church premises. This is an opportunity to contribute to the life of the church by using your gifts and skills in areas such as administration, team communication, and DIY (basic repairs), as we serve our spiritual home together in love. For enquiries or to register your interest, please contact the Church Administrator.
6. The Children's Sunday School Discipleship Team is launching the "Hands of Prayer" Ministry, with the hope of cultivating a culture of prayer and mutual care within the Children's Sunday School and the wider church community. The "Hands of Prayer" display is currently on the wall of Room L in the basement. Brothers and sisters are encouraged to place their hands on the corresponding handprints and pray according to the prayer points, lifting up the children, teachers, and teaching assistants in prayer.
7. **【Reusing Sunday Service Flowers】** To avoid waste and allow the Sunday Service flowers to become a blessing to others, the church flower arranging team will turn the flowers into bouquets after the Cantonese Service each week and give them to elderly church members and brothers and sisters who need pastoral visits. If you are planning to visit someone that week and would like a bouquet, please contact the Church Administrator in advance. *(Limited quantities are available on a first-come, first-served basis.)* The flower arranging team also welcomes brothers and sisters who are interested in learning flower arranging or how to wrap bouquets to sign up and participate.
8. LiFEgame will be held from 21st to 23rd December in Northampton. Those who register on or before 31st October can enjoy the Super Early Bird rate of £160 per person. If you have not attended before, you are strongly encouraged to join this life-changing journey. For enquiries or registration, please refer to the "Meetings and Events" section on the last few pages or visit: <http://lifegame.co.uk/join-lifegame/>

Meetings & Events

Winter Night Shelter – Volunteers Needed

Thursday evenings from Thursday 5th November 2026 to 16th March 2027

🕒 Front of House – 6.30–9.45 pm

A team of **4 volunteers** to help set up beds and refreshments, welcome guests, spend time chatting, and perhaps enjoy a board game together. Volunteers eat dinner with the guests.

🕒 Evening Meal – 6.30–9.30 pm

A team of **2 volunteers** to help prepare and serve the evening meal.

🕒 Overnight – 9.45 pm–7.15 am

2 overnight volunteers are needed. Volunteers sleep separately from the guests and are there to respond in case of an emergency. **You are not expected to stay awake overnight.**

🕒 Breakfast – Friday, 7.00–9.00 am

A team of **2 volunteers** to prepare and serve breakfast and then help pack away the mattresses and bed linen.

Enquiries & Registration: Deacon Mel Wheeler

In a world where truth is often veiled and individuals are increasingly driven by money, success, relationships and power, the Christian message in LIFEgame is both counter-cultural and prophetic.

LIFEgame is currently being run in **16 different countries** with over **250 participating churches** and over **50,000 participants**. Both engaging and relevant to people of all ages and faiths, LIFEgame challenges anyone to live a purposeful and authentic life. This isn't just a time to travel to a different location or spend time with friends.

It is refreshing and life-changing.



REGISTER EARLY FOR SUBSIDISED FEES

£160 - Super Early Bird Price (Promotion ends 31st Oct 2026)

£180 - Early Bird Price (Promotion ends 30th Nov 2026)

£200 - Standard Price (Application Deadline 11th Dec 2026)

Register **ONLINE** at lifegame.co.uk or speak to your church/fellowship leader for more details

LIFEgame™

DISCOVER GOD'S PURPOSE FOR YOUR LIFE

LIFEGAME IS A CREATIVE SIMULATION GAME OF LIFE THAT PROVIDES AN ENVIRONMENT FOR ANYONE TO DISCOVER GOD'S PURPOSE FOR THEIR LIVES IN THIS WORLD

DEC 21ST - 23RD 2026

KING'S PARK CONFERENCE CENTRE, KING'S PARK ROAD, NORTHAMPTON, NN3 6LL

Register **ONLINE** at lifegame.co.uk or speak to your church/fellowship leader for more details

MOLDOVA MISSION TRIP 2027

SERVE, LOVE, AND MAKE A DIFFERENCE

MISSIONARY OF MOLDOVA

Date: **15 - 21 April 2027**

OUR MINISTRIES

- ELDERLY HOME CLEANING, GARDENING AND SIMPLE MAINTENANCE
- YOUTH PROGRAM
- CHILDREN PROGRAM
- HOME VISIT
- TESTIMONY SHARING
- BIBLE STORY TELLING
- GAMES
- DRAMA

CRITERIA & REQUIREMENTS

- PASTORAL REFERENCE
- LEGAL VISA FOR ENTRY
- DBS CHECK

Registration closes on: **20 December 2026**

FEE:	
* Below 3 :	FREE
* 3-6 Years Old:	£100
* 7-12 Years Old:	£150
* 13 Years Old / Above and Adult:	£300

(EXCLUDING AIR TICKET & VISA)

FAMILIES ARE WELCOMED!

JOIN US! Register now

For more information, please contact Terry Leung

Google Form

Redevelopment Updates for King's Cross Methodist Church

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